



Little Caesars Roller Hockey at Joe Dumars' Fieldhouse

2012 Summer Roller Hockey Camps

Monday, June 25th to–Thursday June 28th OR
Monday, August 20th to Thursday, August 3rd

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|--------------------------------------|--------------------|-------------------------|
| Player Development Camp | ages 7 – 12 | 10:30am – 2:00pm |
| Elite Skills and Conditioning | ages 11-15 | 12:00pm – 3:30pm |



Player Development Camp

This camp is our house league players that strive to get to the next level. Players should have at least one season in our house leagues. When needed players will be split up by talent level although all the kids will be learning the same fundamentals. Participants will be put through drills to work on proper skating techniques including forwards, backwards, cross-overs, and pivots, as well as passing and shooting. We will also cover some dry land training activities that the new player can use to help them with their hockey game.

Required equipment: Full inline hockey gear along with athletic shoes for off-floor activities.



Elite Skills and Conditioning Camp

This camp is for the advanced player that wants to get to the next level. Players should have multiple seasons of experience in open leagues. Drills will be done in a high tempo fashion with game-like situations in mind. Participants will be put through intense drills for power skating, passing, and shooting. This is also a conditioning camp. We will also cover some dry land training as well.

Required equipment: Full inline hockey gear along with athletic shoes for off-floor activities.



Daily Schedule

| | | |
|--------------------------|-------------------|--|
| 10:30am – 12:00pm | Player Dev | Skating Techniques and Fundamentals |
| 12:00pm – 1:00pm | Player Dev | Dryland and Lunch* |
| 12:00pm – 1:00pm | Elite | Skills Training |
| 1:00pm – 2:00pm | Player Dev | Skills Training |
| 1:00pm – 2:00pm | Elite | Dryland and Lunch* |
| 2:00pm – 3:30pm | Elite | Power Skating and Conditioning |

* Dryland will not be an intense workout but will focus on educating young hockey players on things they can be doing to improve their game when not at the rink. There will be some circuit training involved so everyone will need to bring their gym shoes and sweats. Nutritional hand-outs will be provided as well.

What you can expect Each Day!!!

Each day participants will go through 90 minutes of drills to work on different aspects of their game. Topics covered will be Power Skating, Stickhandling, Shooting, and Passing. There will also be a 45 minute controlled scrimmage daily which will allow the kids to put their hard work to use in a game. The best way for most kids to learn and love the game of hockey is by dropping the puck and letting them play.

- Lunch will be provided daily
- Giveaways and prizes awarded throughout the week
- High ratio of Instructor/Student ratio
- Early drop off and late pick up service will be made available.
(Meaning if you need to drop off your child at 9:00am and pick him/her up at 5:00pm we will make sure they are supervised; additional fee may apply.)



About our Instructors:

Chad Spezia

Chad is currently playing with the Tour Bordercats Pro roller hockey team and has been playing professionally for five years. Chad has won over 6 National championships as an inline player and has coached 4 teams to National titles. He won an ice hockey National Championship in Midgets with the Michigan Jaguars. Chad is one of the head coaches in the Tour Bordercats organization and brings a wealth of knowledge to the floor.

Weston Arch

Weston is new to the coaching ranks but has a lot of experience as a player in both the ice and roller game. Weston was also a member of the Michigan Jaguars who took home the Midget National championship and has played professional roller hockey for three years. Kids love Coach Archie's physical style of play and he brings a great added dimension to the game.

Mitch Misiak

Mitch has been playing and coaching roller hockey his whole life. He has always played in the top leagues and in the top tournaments across the country. He been a member of the Tour Bordercats Adult team for three years. Mitch demands respect both as a player and a coach and usually gets it!!

Brandon Hawkins

Brandon, known as L'il Hawk around here, possesses one of the best shots in the business no matter what level you want to compare it to. While only 16 years old he has had a stick in his hand and skates on his feet for 13 years. (we're pretty sure he sleeps with his stick!!). Kids love the way Brandon teaches the game and you cannot ask for a better role model for our young players. Just this past season his Midget team, Summit, won the National Championship in Washington D.C.

Matt Koleski

Matt has played ice and roller hockey for 35 years. He played Division I College Hockey at the University of Alaska Fairbanks (members of the CCHA). He played several seasons professionally for the Alaska Gold Kings, former members of the WCHL. He also spent two seasons playing professionally in Europe. Matt has been coaching ice or roller hockey for over 20 years. He is the current head coach of the Tour Bordercats Pro roller hockey team and heads up the Bordercats youth organization as well.

Additional Instructors may include other members of Tour Bordercats Pro roller hockey teams!

Cost \$179 Advertised **SPECIAL for current LCRH players just \$125 (goalies pay \$40)**

All we need is this simple form:

Player Name _____

Date of Birth _____

Camp attending: June or August _____

Player Development or Elite _____

Division last played in or current: _____

**All roller hockey camps held at
Joe Dumars Fieldhouse.**

Contact Matt Koleski for more information at mattk@LCRH.info

Or call 586-731-3080

www.LCRH.info